# **Allison Brauer**

2521 Jena St Unit 204 New Orleans, LA 70115 (570)335-7433

Licensed Clinical Social Worker (LCSW) and Board Approved Supervisor (BACS) with experience in Direct Clinical Services, Addiction Recovery Intervention, Crisis Intervention, Supportive Family Intervention, Parent Education and Early Childhood Intervention.

allibrauer@gmail.com

#### **EXPERIENCE**

### **New Orleans Inner Healing, LLC (NOLAIH),** New Orleans-Director and Founder

May 2023- Present

Provides direct therapeutic services to adolescents, teens, and adults in the New Orleans area and abroad.

Directs all clinical services and community out reach support.

## **KIPP Central City Primary,** New Orleans — School Social Worker, Grief and Trauma Specialist, Attendance Lead

July 2021 - March 2023

Worked closely with multidisciplinary school staff to coordinate care for students and families in need of support and community services.

Provided student mental health and behavioral support to Pre K-4th grade students at KIPP Central City Primary School, with a focus on grief and trauma interventions.

Advised and collaborated with teachers, case managers, teams on student's who exhibit behavior concerns and/or failing grades.

Served as a member of the in-school Student Support Services Team (SSS Team) for initial and re-evaluations

Completed risk assessments for suicidal/homicidal ideation, safety planning and follow up care

Tracked daily attendance of 450 students at KCCP and conducted follow-up contacts and home visits with families.

#### **Certifications/Licenses**

Licensed Clinical Social Worker (LCSW) Board Approved Clinical Supervisor (BACS) License #: 11590

MAPS MDMA assisted therapy certificate of training, 2022 Tulane School of Social Work Board Member (2021-present)

> Dialectical Behavior Therapy (DBT)

Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

Positive Parenting Program (Triple P)

Motivational Interviewing (MI)

#### **SKILLS**

Trained in Narrative, Creative/Art Therapy, and Play Therapy techniques, and Mindfulness techniques.

Trained in Mental Health First Aid (MHFA)

# **DePaul Community Health Center,** New Orleans — Behavioral Health Therapist/Substance Abuse Specialist

September 2019 - July 2021

Served as a member of an Integrated Team providing comprehensive, integrated care through the Medical Home Model adopted by DePaul Community Health Center (Formerly known as Daughters of Charity Services of New Orleans).

Conducted psychosocial assessments to assess patients' addiction history and/or mental health status, and patient's and family's emotional, social and environmental strengths.

Developed plans of care based on psychosocial assessment findings.

Used one-on-one interventions or group sessions, to assist patients in managing both episodic emotional, social or spiritual needs, and chronic health disorders.

Functioned as a member of the Integrated Team to improve coordination of services between physical health and behavioral health staff.

Works closely with primary care providers and other clinical staff in the treatment and management of patients.

Counseled patients around issues related to adaptation to diagnoses, illness, treatment and/or life situation. This also included grief and trauma focused therapy interventions.

Prepared and supported patients and families in dealing with stressful circumstances and crises in their lives.

Arranged access and coordinated patient/family pre and post crisis care.

#### **Crescent Care**, New Orleans — Behavioral Health Therapist

November 2015 - May 2019

Facilitated Intensive Outpatient Program (IOP) groups daily as part of the Recovery Works program.

Facilitated a bi-weekly one-hour Experiential Art group that explored and helped promote creativity, balance, and expression as part of the therapeutic process.

Provided one-hour Community Lecture groups created to educate the community on the disease of addiction and how to support a person in

Trained in Nonviolent Crisis
Prevention Intervention (CPI)

Trained in Modified Working Model of the Child Interview (WMCTI)

Trained in Modified Crowell and Baby Crowel Relationship Assessment Procedure recovery.

Provided psychosocial assessments and therapeutic treatment to Crescent Care clients living with co-occurring disorders using evidence-based assessments and intervention techniques.

Worked to support the Medication Assisted Treatment (MAT) team in providing the behavioral therapy component of care required for successful MAT.

Assisted clients with coordinating care and getting connected to services at local community organizations.

Provided on-going support and direction for all clients whose needs required medical case management.

Knowledgeable of HIV/AIDS and other health issues in order to provide disease-specific referrals and education to clients.

## **Tulane Parent Education Program (TPEP),** New Orleans, LA— Clinical Social Worker

July 2014 to June 2015

Provided intensive intervention to maltreated infants/young children and their caregivers in Jefferson, Orleans, St. Bernard and other parishes in Southeast Louisiana.

Worked with a multidisciplinary group of faculty and trainees from Tulane University School of Medicine, including child psychiatrists, clinical and developmental psychologists, clinical social workers, pediatricians, parent educators, and paraprofessionals.

Provided developmental evaluations, intake interviews, caregiver-child interaction procedures, caregiver perception interviews, home visits and various ancillary assessments.

Provided individual play therapy with children, individual psychotherapy with caregivers, dyadic caregiver-child psychotherapy, couple's psychotherapy, group therapy and family therapy.

Provided clinical field supervision for Tulane School of Social Work Graduate intern.

## **Children's Bureau of New Orleans,** New Orleans, LA — Clinical Social Worker/Project Coordinator

January 2012 -June 2014

Provided mental health services in communities impacted by the BP Oil Spill, Hurricanes Katrina, Rita, Ivan, and Gustav and the economic recession.

Provided individual/family clinical services for children between the ages of 5-17-years old in the form of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Grief and Trauma intervention (GTI) for Children, Crisis Intervention and Triple P level 4 standard and Teen Triple P.

Provided therapeutic sessions through school, home and office based visits.

Facilitated GTI school based groups for Elementary, Middle School and High Schools in Orleans and Jefferson Parishes.

Created and facilitated a Psychosocial curriculum for Social Skills building and created and facilitated Educational workshops for teens (13-17-years old) on Healthy Relationships/Dating Safety and provided educational presentations for families and school staff on the Effects of Trauma on Children.

Provided clinical consultation to Tulane School of Social Work and Southern University Graduate interns.

## **Jewish Family Service**, New Orleans, LA — Tulane School of Social Work Graduate Intern

January 2011-December 2011

Provided clinical psychotherapy for individuals and families.

Worked with clients between the ages of 3-years-old and 66-years-old.

Facilitated and co-led 'Girl Power': Social Skills group program for girls 8-12-years-old.

### **Abeona House: Child Discovery Center,** New Orleans, LA — Full-Time Teacher

August 2007-May 2010

Supervised classroom of children, age 2-years-old and managed a peaceful classroom and school yard.

Developed portfolios that reflected children's growth, progress and art work as implemented through the Reggio Emilia teaching philosophy.

Conducted assessments of child development for parent-teacher conferences.

#### **EDUCATION**

### **Tulane University**, New Orleans, LA — *Masters of Social Work*

August 2010 - December 2011

Tulane School of Social Work

# **Marywood University,** Scranton, PA — Bachelor of Arts in Art Therapy

August 2004 - May 2007

**Montgomery College**, Rockville, MD — Associates of Art

August 2002 - July 2004

General Studies

#### References

Joseph Waddy, Manager Mental Health Service Continuum—KIPP New Orleans Schools

617.960.7380

jwaddy@kippneworleans.org

**William Taylor, MD**— Primary Care and Preventative Care Provider for DePaul Community Health Center.

(337)401-9132

William.Taylor@dcsno.org

**Kawana Ripoll, LCSW**— Director of Behavioral Health for DePaul Community Health Center.

(504)667-4327

Kawana.Ripoll@dcsno.org

**Kelly Waterman, LCSW-BACS, RPT**— Behavioral Health Therapist at Crescent Care Health Center

(504)621-4182

<u>Kelly.Waterman@crescentcare.org</u> <u>Kdixon@tulane.edu</u>

**Jason Halperin, MD**— Site Director Physician at Vista Community Clinic

(917)509-7773

Jasonhalperin@gmail.com

Mark Drake, DSW, LCSW-BACS— Behavioral Health Therapist/Supervisor at Crescent Care Health Center

(504)821-2601

Mark.Drake@crescentcare.org

**Letia Bailey, LCSW-BACS**— Behavioral Health Therapist at Tulane Parent Education Program

(504)914-0735

lbailey@tulane.edu

**Charles H. Zeanah, Jr., MD**— Executive Director of the Institute of Infant and Early Childhood Mental Health

(504)914-3424

czeanah@tulane.edu

**Andrea Steinkamp, LCSW-BACS**— Clinical Supervisor/Former Clinical Director of Children's Bureau of New Orleans

(504)858-1583